

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:
ATLANTA COMMUNITY SCHOOLS PK-12

Month and year of current assessment: October 22, 2025

Date of last Local Wellness Policy revision: October 22, 2025

Website address for the wellness policy and/or information on how the public can access a copy:

WWW.ATLANTASCHOOLS.US

Section 2: Wellness Committee Information

How often does your school wellness committee meet? ONCE A YEAR

School Wellness Leader:

Name	Job Title	Email Address
TAMMY FISH	FOOD SERVICE DIRECTOR	tfish@atlantaschools.us

School Wellness Committee Members:

[illegible]

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- X Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

The Atlanta Community Schools wellness policy aligns with several key components of the Michigan State Board of Education Model Local School Wellness Policy, particularly in promoting nutrition education, physical activity, and student health services. The district requires individual schools to submit wellness plans and provides coordinated health services such as screenings and immunizations, supporting a whole-child approach. However, compared to the state model policy, Atlanta's policy lacks specificity in areas such as measurable goals, nutrition standards for all foods provided (not just sold), marketing restrictions for unhealthy food, stakeholder involvement, and public reporting. It also does not clearly outline triennial assessments or designated policy leadership, which are emphasized in the model policy for accountability and transparency.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education

Local Wellness Policy Assessment Plan

School Name: Atlanta Community Schools

Date: October 22, 2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Food and beverages will not be used as a reward for students.	- Provide teachers with a list of non-food reward examples. - Discuss changes at back-to-school staff training. - Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	- Verbal check-ins with staff to ensure compliance. - Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Nutrition education should be made available to parents/guardians & the community	- Distribute handouts, wall/bulletin board posters, banners - Post information on the district website - Use other communications focused on proper nutrition & healthy lifestyles	Start Winter 2026 → Ongoing	- Attendance at events - Parent feedback survey - Quantity of resources distributed	Food Service Director	Parents, guardians	In progress
Integrate Age-Appropriate Nutrition Education Across Grade Levels	- Adopt a standards-aligned nutrition curriculum. - Incorporate short nutrition mini-lessons into science/health classes (PK-8)	Start Fall 2025 → Ongoing through Spring 2028	- Lesson plan reviews - Teacher participation in PD - Student nutrition knowledge (simple pre/post assessments)	Health/PE Teacher, Curriculum Director	Classroom teachers, PE/Health staff, students, parents, food service	In progress
Reinforce Healthy Eating with Cafeteria-Based Promotions	- Display nutrition-themed posters in cafeteria - Student voting on new menu items - Use morning announcements to share quick "Food Facts"	Start January 2025; Monthly through Spring 2028	# of new foods added to menu - Student feedback (exit slips, surveys) - Cafeteria engagement (posters, participation)	Food Service Director	Food service staff, students, kitchen vendors, teachers	In progress
Empower Staff as Role Models in Nutrition	- Offer 2 staff wellness sessions per year (nutrition-focused) - Post weekly "Wellness Tip" in staff lounge and staff email	Fall of 2025	Staff wellness survey (anonymous)	Superintendent	Teachers, administrators, paraprofessionals, office staff	In progress

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Ensure All Students Participate in Regular, Age-Appropriate Physical Education	- Ensure students receive minimum recommended PE minutes (per MDE/CDC) - Align PE curriculum with Michigan Physical Education Content Standards - Use activity-based and inclusive teaching strategies	Fall 2025 – Spring 2028	- Class schedules confirm PE minutes - Curriculum pacing guides - Teacher lesson plans - Student participation and performance data	PE Teacher(s)	Students, teachers, school leaders, parents	In progress
Increase Opportunities for Physical Activity Beyond PE Class	- Implement short physical activity breaks (3–5 min) in classrooms PK–5 - Promote movement-based transitions and brain breaks - Provide indoor recess plans for inclement weather - Encourage physical activity integration in academic lessons	Start Winter 2026; Review annually	- Observation / walkthrough notes # of classrooms using movement breaks regularly	Principal, Classroom Teachers	Classroom teachers, aides, students	In progress
Offer Equitable Access to After-School and Extracurricular Physical Activity	Maintain or expand after-school physical activity clubs, Encourage at least 1 inclusive activity per semester; Publicize opportunities widely (flyers, announcements, website)	Begin Fall 2026; Review each school year	# of clubs offered - Participation rosters - Student feedback survey - Activity sign-in logs	Athletic Director	Students, coaches, teachers, community volunteers	NO

Physical Activity Goal(s):

Students, coaches, teachers, community volunteers

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Support equitable, inclusive physical activity opportunities for all	Conduct interest surveys for after-school programs, Collaborate with PE teachers and wellness committee on student engagement, Participate in PD or receive toolkit for integrating movement, Help supervise or lead special activity events	Fall of 2025	- Survey: Fall 2025 (annually), • Collaboration meetings: 2 × /year (start Spring 2026) - Mentoring: As interest arises	Principal, Food Service Director, AD	Principal, Food Service Director, AD, students, teachers, parents	NO

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Ensure that all sold foods & beverages comply with standards	Remove or replace noncompliant items, Provide a list of approved products to clubs, staff, and vendors Train staff responsible for food sales on Smart Snacks rules	Fall 2025 Replacements: Winter 2026	% of items compliant • Vendor inventory reviews • Records of removed or replaced items • Staff training participation	Food Service Director	clubs, staff, students	In Progress
Track and control exempt fundraisers	Develop a fundraiser tracking tool per MDE guidance, Require pre-approval of any fundraiser	Summer 2026 Implementation: 2026-2028	Number of noncompliant fundraisers • Fundraiser tracking log	Principal	Staff, Administration	In Progress

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Encourage healthier choices in non-sold contexts	Provide staff/teachers with list of healthy party snack ideas 2. Send parent-friendly guidance for classroom celebrations 3. Discourage use of food as reward/punishment	Start Fall 2025, ongoing	Observations of celebrations • Teacher and parent surveys • Number of snack items meeting guidelines in class events	Principal	Teachers, Parents and students	In Progress

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Ensure all marketing and advertising visible to students during the school day promotes only Smart Snack-compliant items	Audit school campus for food/beverage marketing (cafeteria, vending, hallways, gym, etc.) 2. Remove or replace any signage/branding that promotes non-compliant items	Annual follow-ups: Spring 2026-2028	% of advertising that is compliant • Number of signs removed/replaced • Staff training completion	Food Service Director	Teachers Students Vendors Custodial staff Admin	In Progress

