



October



2026

Atlanta Community Schools

Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				¹ Egg Omelet Toast Fruit & Milk	² Breakfast Sandwich Fruit & Milk	³
⁴	⁵ Strawberry Pancake Puff Fruit & Milk	⁶ Sausage Pancake Bites Fruit & Milk	⁷ French Toast Hash Browns Fruit & Milk	⁸ Cinnamon Waffles Fruit & Milk	⁹ Overnight Oats Fruit & Milk	¹⁰
¹¹	¹² Churro Bites Fruit & Milk	¹³ Pancake Bites Fruit & Milk	¹⁴ Scrambled Eggs Links & Toast Fruit & Milk	¹⁵ Mini French Toast Fruit & Milk	¹⁶ Banana Bread Fruit & Milk	¹⁷
¹⁸	¹⁹	²⁰	²¹	²²	²³	²⁴

	Pull-a-part Cinnamon Bun Fruit & Milk	Breakfast Sandwich Fruit & Milk	Breakfast Pizza Fruit & Milk	Choice of Muffin or Cereal Fruit & Milk	Stuffed Hash brown Fruit & Milk	
25	26 Egg Omelet Toast Fruit & Milk	27 Donuts Fruit & Milk	28 Yogurt Parfait Fruit & Milk	29 Bagel Cream Cheese Fruit & Milk	30 Choice of Muffin or Cereal Fruit & Milk	31

Breakfast & Lunch is free to all students

Menu is subject to change. This institution is an equal opportunity provider and employer.

Menu Items in Bold are made from scratch items

1. Fresh fruit & vegetable are offered daily
2. No trans-fat in the food offered
3. All breads and grains offered are whole grain
4. Calories are limited for different grade levels
5. Only nonfat and flavored nonfat milk offered
6. Students must have a fruit or vegetable with their meal.
7. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast