

November 2026

Atlanta Community Schools

Middle School Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Cup of Noodles Fruit, Milk & Veggie Bar	3 **Hammy Sammy** Fruit, Milk & Veggie Bar	4 Chicken Sandwich Fruit, Milk & Veggie Bar	5 Taco's Black beans Fruit, Milk & Veggie Bar	6 **Philly Subs** Fruit, Milk & Veggie Bar	7
8	9 Chicken Drumstick Redskins Fruit, Milk & Veggie Bar	10 **Sloppy Joe** Sandwich Cole Slaw Fruit, Milk & Veggie Bar	11 **Grilled Cheese** Tomato Soup Fruit, Milk & Veggie Bar	12 Soft Pretzel String Cheese Fruit, Milk & Veggie Bar	13 **Chicken Ranch Wrap** Fruit, Milk & Veggie Bar	14
15	16 General Tso's Thai Noodles Fruit, Milk & Veggie Bar	17 Calzone Sweet Potato Fries Fruit, Milk & Veggie Bar	18 **Thanksgiving Lunch**	19 **Macaroni & Cheese** Fruit, Milk & Veggie Bar	20 Teriyaki Beef rice Bowl Black beans, Roll Fruit, Milk & Veggie Bar	21
22	23 Pulled Pork Sandwich Fruit, Milk & Veggie Bar	24 Chicken Nugget Goldfish Fruit, Milk & Veggie Bar	25 **Thanksgiving Break**	26 **Thanksgiving Break**	27 **Thanksgiving Break**	28
29	30					

	Chicken Fajita Fruit, Milk & Veggie Bar					

Breakfast & Lunch is free to all students
Menu is subject to change. This institution is an equal opportunity provider and employer.
Menu Items in Bold are made from scratch items

1. Fresh fruit & vegetable are offered daily
2. No trans-fat in the food offered
3. All breads and grains offered are whole grain
4. Calories are limited for different grade levels
5. Only nonfat and flavored nonfat milk offered
6. Students must have a fruit or vegetable with their meal
7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
8. Low fat dressings for salads are offered
9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
10. Sub Bar is offered daily for 6-12 grade. As an option for meal substitution.
11. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
12. Fresh vegetable bar offered daily at lunch